Only the **phone call** or **Microsoft Authenticator by notification** works for remote access. You can change your authentication method through MyApps using the following steps:

In your Internet browser, go to staff.swansea.ac.uk and login. After logging in click on your name in the right-hand corner and choose **MyApps** from the drop-down.

Choose the option for Secure My Account



You will be prompted by your MFA method again. This is expected as you are changing security information.

Under **Security Info** you will see the current options you have registered for MFA.



You can either use **Add method** to add a new method of authentication, or if you already have an appropriate method listed, you can click **Change** next to your **Default sign-in method** to set the default prompt to either **phone call** or **Microsoft Authenticator – notification**. You can then return to your remote desktop settings and login using the new method.